



Pre-Operative Vasectomy Instructions

- Shave the **ENTIRE** scrotum and scrotal area using a manual razor. You do not need to shave above the penis. Be careful not to cause nicks. You may need assistance.
- Have a light meal prior to your procedure.
- If you have not already signed your consent for the procedure while in our office, you will need to bring this to the office signed prior to your surgery date.
- You must have transportation assistance home.
- You should plan to be at bed rest for twelve hours after the procedure.
- You will not be able to shower for twenty-four hours after the procedure.
- Inform your doctor of any allergies or medication you are currently taking before procedure.